



CLINIC AND OFFICE VISITS

Services covered at no cost:

- Clinic, doctor office visits, therapy visits
- Physical therapy
- Urgent care, telehealth, doctor or therapist calls
- Chiropractic Visit*
*individual benefits may vary



Point your camera to find a doctor or clinic near you.



HOSPITALIZATION AND SUPPORT SERVICES

Outpatient Mental Health Care*

Home Health Care 40 visits Per Plan Year *

Maternity and Newborn Care*

*individual benefits may vary



Point your camera to find an in-network hospital.



PHARMACY

\$0 copay on generic pharmacy drugs*

*individual benefits may vary



MATERNITY

Our Essential Plan members have:

- \$0 Prenatal care
- \$0 Inpatient Hospital Services*
- \$0 Breast Pump*
*individual benefits may vary



VISION CARE

Services covered at no cost:

- Eye Exams
- Lenses and Frames
- Contact lenses
- 1 Exam per Plan Year
- 1 Prescribed lenses and frames per Plan Year



OTHER BONUSES

Fitness Reimbursement of \$200 every 6 months for member

Member Rewards program

* See the website at metroplusrewards.org for more details

Contact our Customer Service Team:

 CALL 855.809.4073 TTY: 711

Monday to Friday 8am to 6pm
Saturday 9am to 5pm



LAB AND RADIOLOGY

Lab tests, radiology covered at no cost (e.g. Ultrasound, X-ray, CT, MRI)

*individual benefits may vary



COMPREHENSIVE AND PREVENTIVE DENTAL

Members are eligible for 1 visit every 6 months for each of the following services:

- Oral exam
- Dental x-rays
- Cleaning
- Fluoride Treatment
- Plus more

Diagnostic services and extractions are also part of our comprehensive dental services.

See the website at dentaquest.com/en for limitations of diagnostic services and extractions



MORE WAYS TO GET THE CARE YOU NEED

MetroPlusHealth continues to make improvements to member benefits in order to provide you with the best experience.

- Our 24/7 Online Urgent Care is available anytime, from anywhere in New York State and in your language.
- Mental Health: 24/7 Online Urgent Care is an easy way to see a provider for Mental, Emotional and Behavioral Health at \$0 co pay.
- Our program offers: Inpatient and Outpatient Mental Health Care.



To learn more about applying for health insurance, including Medicaid, Child Health Plus, the Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit nystateofhealth.ny.gov or call **855.355.5777**.

NEED TO SEE A DOCTOR RIGHT AWAY?

Try a Virtual Visit appointment with your Primary Care Physician.

Call and confirm with your doctor. Most appointments are available the same day.

24/7 Online Urgent Care

Get immediate access to board certified doctors.



Point your camera to set up your account.



 **CALL 855.287.3508**

24 hours / 7 days a week

SHARE YOUR VIEWS

We want you to have the best care and services. The 2024 Consumer Satisfaction Survey runs from February - May. Please complete the survey by mail or phone.



MBR 23.314

2024 ESSENTIAL PLAN QUICK REFERENCE GUIDE



Tip: Put this brochure on your refrigerator for easy access.