



Community Oriented Recovery and Empowerment (CORE) Services help you meet your goals and make the most out of your community resources.



Community Oriented Recovery and Empowerment Services



Department of Health

Office of Mental Health

Office of Addiction Services and Supports



What are Community Oriented Recovery and Empowerment (CORE) Services?

If you have mental health and/or substance use needs, CORE services can help you reach your personal and health goals.

These services used to be available through Adult Behavioral Health Home and Community Based Services. CORE services are easier to get.

CORE services can help you to find and keep a job, go to school, live independently, build relationships, and increase your wellness.

Adults 21 and over who are covered by Medicaid and enrolled in a Health and Recovery Plan (HARP) can get these free services with a recommendation from a Licensed Practitioner of the Healing Arts, such as a physician, nurse, or mental health counselor. Additionally, some people enrolled in HIV-Special Needs Plans and Medicaid Advantage Plus Plans can also be eligible for CORE services.

Independence

- Build life skills like how to manage your money or make new friends
- Learn to live more independently including using community resources and self-advocacy
- Discover ways to deal with stress
- Choose where to get treatment and recovery services

Education and Employment

- Get support for your work and school goals
- Ongoing support, advocacy, and counseling to learn skills for lifelong success

Health Management

- Receive care that is focused on you and encourages wellness
- Learn how to identify triggers, and manage or prevent crises

Peer and Family Supports

- Get help from people who have been there
- Learn from peers who know what you are going through
- Help your family and friends learn skills that will support your recovery

What is a Health and Recovery Plan?

Health and Recovery Plans (HARPs) are Medicaid Managed Care plans that pay for your physical and behavioral health care. HARP staff who specialize in behavioral health (mental health and substance use), are available to listen and work with you.

To find out more about CORE Services, contact your Medicaid Health and Recovery Plan or your Behavioral Health service provider. You can also visit www.omh.ny.gov to learn more.

